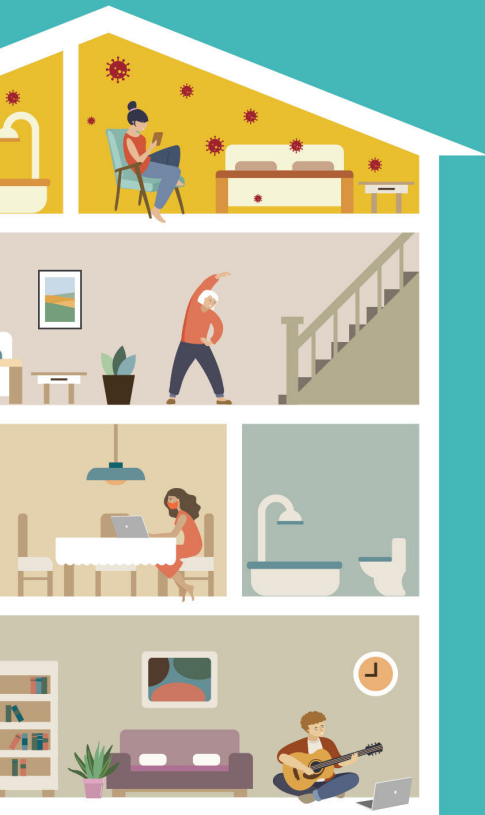# Did you know?

These 8 precautions can limit the spread of COVID-19 if someone in your household has tested positive.

Prevent multiple rounds of self-isolation and avoid having everyone self-isolate for another 14 days.

1 If you are living with someone with COVID-19, you are a **close contact**. You and everyone in your household must isolate for at least 14 days.

2 Disinfect surfaces like light switches, door handles and faucets. Avoid sharing objects.

3 If sharing a bathroom, disinfect regularly and leave the window open if possible. Keep counters clear.

4 Leave meals for person with COVID-19 outside their door.

5 Leave windows open throughout home, even if it's just a little.

6 Wear a **mask** inside your home in shared spaces to reduce potential spread of COVID-19.

7 Monitor yourself for any COVID-19 symptoms and get tested if needed.

8 Have food delivered to your home for everyone. Do not invite anyone inside the home.

BC Centre for Disease Control
Provincial Health Services Authority