

COMMUNICATING WHILE WEARING A MASK!



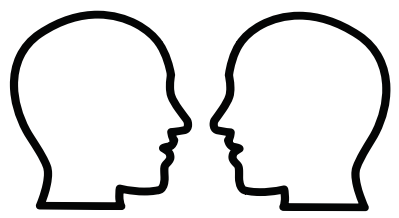
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Wearing a mask can make communication challenging, especially for people with a hearing loss who rely on lip reading and facial expressions to communicate with others. Here are some tips for optimizing communication while wearing a mask.



Hearing Aids + Batteries

Ensure the person is wearing their hearing aids and the batteries are working, if applicable. Assistive devices available upon request (contact SLP)



Attention

Get the person's attention before you begin speaking



Eye Contact

Make sure the listener is looking at you when you're speaking



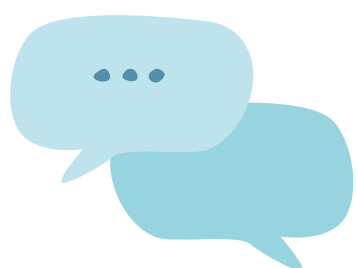
Reduce Distractions

Turn off the TV or radio while conversing and limit the number of people speaking at one time



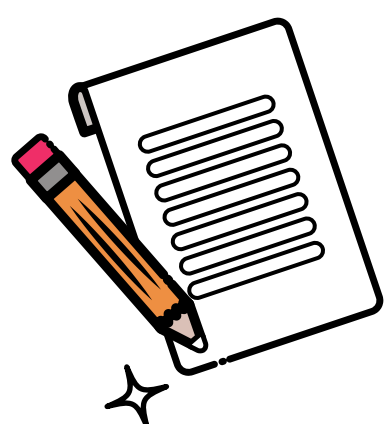
Hand Gestures & Pointing

Use hand gestures and pointing to help get your point across



Key Words

Use single, key words if needed



Writing

If the person is able to see/read, try writing down key words

COMMUNICATION IS KEY!
Courtesy of your friendly neighbourhood SLPs