

June 9, 2021 – Positive Signals for Phase II of Restart Plan

This week Deputy Provincial Health Officer Réka Gustafson signalled the end of the province's emergency response to COVID-19 is within sight, and indicated that she “hopes the virus will soon become an expertly managed communicable disease that we rarely hear about” similar to other illnesses. In addition, she also signalled that “we are on track” to move towards Step 2 of the provincial [restart plan](#) on June 15, which would include the removal of [travel restrictions](#) within the province and up to 50 people at outdoor social gatherings. Yesterday, Dr. Bonnie Henry and Health Minister Adrian Dix shared data indicating that the seven day rolling average of new COVID-19 cases in B.C. continues to fall, with the province recording 165 new cases of the virus and no new deaths. According to the BC Centre for Disease Control, deaths among people aged over 80 fell by 81 per cent from late December to mid-February. Deaths among those aged 70-79 fell by 87 per cent.

Island Health Region Total Vaccines Administered To Date	% Population Immunized (18+) 1st Dose To Date	% Population Immunized (12+) 1st Dose To Date
647,475	74.9%	72.8%

With the highly transmissible Delta COVID-19 variant present in the Island Region, it is critically important for everyone to get both their first and second doses as soon as possible. Island Health will reach 75% 1st dose vaccination of our adult population today, and we continue to experience lower daily case counts compared to other health regions in Canada. The Island Health region is reporting 13 new cases today, 41 active cases, with no COVID-19 positive patients in hospital and no new deaths.

STEP	Criteria	PHO Guidance	Personal Gatherings	Organized Gatherings	Travel	Sports & Activities	Businesses	Offices & Workplaces
1 MAY 25	C: stable H: stable D1: 60%	Masks mandatory, indoor public spaces Physical distancing If sick, stay home and get tested	Outdoor personal gatherings – up to 10 people Indoor visitors – up to 5 people or 1 household	Indoor seated organized gatherings – up to 10 people Outdoor seated organized gatherings – up to 50 people	Recreational travel within your zone Non-essential travel between zones restricted	Low-intensity indoor fitness classes Outdoor local team games and practices for all ages – no spectators	Indoor & outdoor dining – up to 6 people Liquor service - 10PM Existing WorkSafeBC Safety Plans remain in place	Start gradual return to workplaces and offices Existing Safety Plans remain in place
2 JUNE 15 (Earliest date)	C: declining H: declining D1: 65%	Masks mandatory, indoor public spaces Physical distancing If sick, stay home and get tested	Outdoor personal gatherings – up to 50 people Indoor visitors – up to 5 people or 1 household Playdates	Indoor seated organized gatherings – up to 50 people Sector consultations on next steps on indoor and outdoor gatherings	BC recreational travel BC Transit and BC Ferries – increased services as needed	High-intensity indoor fitness classes - reduced capacity Indoor team games for all ages – no spectators Spectators for outdoor sports – up to 50 people	Liquor service – midnight Banquet halls reopen – limited capacity, Safety Plans Sector consultations on next steps on easing of restrictions	Continue return to work Small in-person meetings
3 JULY 1 (Earliest date)	C: low H: declining D1: 70%	Masks – recommended Careful social contact If sick, stay home and get tested	Return to usual on indoor and outdoor personal gatherings Sleepovers	Increased capacity, indoor and outdoor gatherings – Safety Plan Fairs & festivals with Safety Plan	Canada recreational travel	All indoor fitness classes – increased capacity Limited spectators for indoor sports	Dining – no group limit Bingo halls, casinos and nightclubs – limited capacity Operate based on new Safety Plans	Seminars and bigger meetings Operate based on new Safety Plans
4 SEPT 7 (Earliest date)	C: low H: low D1: 70%+	Masks – personal choice Normal social contact If sick, stay home and get tested	Normal social contact	Increased capacity on large organized gatherings (i.e. concerts)	Canada recreational travel	Increased indoor and outdoor spectators Return of normal sport competitions – Safety Plans	Continue to operate based on new Safety Plans	Fully re-opened offices and workplaces

C: C-19 case counts H: C-19 hospitalizations D1: minimum % of people 18+ with dose 1

WHAT YOU NEED TO KNOW

[Recognizing and Preventing Burnout during a Pandemic from BC College of Family Physicians](#)

Family physicians and other medical professionals face unique challenges in response to the COVID-19 pandemic. This [infographic](#) helps you prevent, identify and treat feelings of burnout.

[Dr. Sandra Allison on PQB News: COVID-19 Restrictions and Challenges on the Frontline](#)

PQB News/VI Free Daily editor Philip Wolf chats with Dr. Sandra Allison, Medical Health Officer for central Vancouver Island. The discussion includes the relaxation of COVID-19 restrictions, challenges faced by frontline workers during the pandemic and more.

Video Resources from Victoria Division of Family Practice

The Victoria Division of Family Practice is releasing several videos on [YouTube](#) and [Facebook](#) over the next few weeks urging locals to get their vaccinations without delay. The videos address common concerns and false assumptions, and suggest that anybody on the fence gets their questions answered by a local family doctor.

- [Vaccines are Safe](#): Dr. Benjamin on vaccine development
- [A serious threat for ALL age groups](#): Dr. Kathy Dabrus on the COVID-19 risks
- [Follow the healthcare professionals' lead](#): Dr. Aaron Childs on the healthcare professionals' confidence in COVID-19 vaccine safety

[Island Health Primary Care Grand Rounds](#)

June 24, 2021 8:00am - 9:00am | US/Pacific

Medical Assistance in Dying: Program Update & Understanding the New Legislation - Dr. David Robertson

Why not make things interesting and [ask a question?](#)



Objectives:

- Improved understanding of what the MAID program can and can not do;
- Sufficient knowledge of the new laws to enable Primary Care Physicians to complete a MAID assessment;
- Improved understanding of the place of MAID in the spectrum of palliative and end of life care.

LINKS, RESOURCES & FAQs

BCCDC Resources:

- [New Today](#): This section of the website highlights the latest guidance documents and updates to the website for health professionals.
- [About the vaccines](#)
- [Resources for Health Professionals](#)
- [Reporting adverse events](#)

Doctors of BC:

- [Info for doctors getting or giving the vaccine](#)
- [Updated toolkit for doctors' offices](#)
- <https://www.doctorsofbc.ca/news/cev-attestation-form-available-doctors>

Frequently Asked Questions:

- [ImmunizeBC FAQ](#)