



The 15th Annual
Lafayette Health Awareness Series presents

WEBINAR with host **Shelagh Rogers** OC
 Chancellor of the University of Victoria, CBC Radio journalist
 and host of "The Next Chapter"

THE ART OF LIVING IN THE TIME OF COVID

THURSDAY
OCTOBER 1
 7.00 to 8.30 pm

Pre-registration is required
 Please visit the **Webinar** website,
<https://tinyurl.com/Lafayette2020>
 or the **LSQ** website
www.lafayettestringquartet.ca
 Only one person per viewing group
 or household need register

DONATIONS from this event will go
 towards establishing a Lafayette Music and
 Health Legacy Fund

FEATURING GUEST SPEAKERS



BONNIE HENRY

MD MPH FRCPC, Chief Provincial
 Health Officer, British Columbia;
 Associate Professor UBC



STEVEN TAYLOR

PhD, R. Psych, UBC Dept of Psychiatry;
 author of the "Psychology of Pandemics"



TERENCE TAM

MD, CCFP (EM), Affiliate
 Clinical Instructor, Division of Medical
 Sciences, University of Victoria;
 Concertmaster, Victoria Symphony



Institute on Aging
 & Lifelong Health

