

## **LCHC Neurological Rehabilitation Outpatient Program**

### **Purpose**

To provide short-term rehab services (one PT and/or one OT session per week for a 6-8 week period) to adults who have acquired significant neurological impairments that impact their ability to function. Example diagnoses include: recent stroke, brain injury, brain tumor, aneurysm, Parkinson's disease, Gillian Barre Disease.

### **Therapy Services Available**

- Occupational Therapy
- Physical Therapy

The following disciplines are available on a limited consultation basis:

- Adult Mental Health
- Dietitian

### **Discipline Specific Information**

#### **Occupational Therapy**

Assessment and treatment in the following areas:

- Upper Extremity Function
- Cognitive/Perceptual Function
- Education (energy conservation, memory, visual-perceptual strategies)

#### **Physiotherapy**

Assessment and treatment in the following areas:

- Gross Motor Function
- Transfers
- Ambulation
- Balance
- Endurance
- Education

#### **Outcome measures (OT/PT)**

COPM, CAHAI, Berg Balance, TUG, 6 Minute walk, Chedoke McMaster Motor Recovery and more

#### **Exclusion Criteria**

- Clients who cannot arrange transportation for themselves (Ladysmith has very limited public transportation).
- Clients who have received an extensive course of outpatient therapy in the previous 12 months for the same neurological event were discharged and whose functional and cognitive status remains unchanged.
- Clients who reside outside the Ladysmith Area.

#### **Referral Process/Contact Information**

Physicians and other health care providers can fax a referral to the Rehab Department at 250-245-3238. To speak directly to a therapist call 250-739-5788 for **OT ext. 54826** for **PT ext. 54857**

