

Welcome to the Oceanside Health Centre. We provide urgent medical care for **unexpected, but non-life threatening health concerns which require same-day treatment** everyday between 7:30am and 9:30pm. Urgent medical conditions are when a person is experiencing severe suffering or is at risk of sustaining serious bodily harm if medical intervention is not provided promptly.

Examples include:

- Asthma attack
- Most broken bones
- Most dislocations
- Cuts and wounds
- Sudden shortness of breath
- Infections
- Allergic reactions
- Nose bleed
- Objects in eyes
- Abscess drainage
- Minor pediatric illness and injury

The Oceanside Health Centre serves as a bridge between local family practitioners and hospital emergency departments but it does not provide primary care needs for people who do not have a family doctor.

Oceanside Health Centre Urgent Care is unable to assist with the following:

- Completing employment or insurance documents (other than Worksafe BC physical assessments for new injuries)
- Providing referrals to specialists for non-urgent medical conditions
- Providing second opinions or ongoing management for medical conditions best-treated in primary care - chronic pain, pap tests, routine screening, monitoring of medications, etc.
- Providing prescription renewals for opioids and other medications that require close and consistent supervision for safe usage.

Please visit <https://www.healthlinkbc.ca/health-connect-registry/oceanside> to register to get on the list for a Primary Care Provider and look on line for walk-in clinic options. Oceanside Health Centre physicians, clinicians and support staff are doing the best they can to support patients, clients and families with urgent care needs.

Thank you for your patience and understanding as we strive to provide urgent medical care.