



Board of Directors – Public Meeting
Meeting Minutes
Thursday, April 7, 2016
1:30 pm – 3:00 pm
Westerly Hotel & Convention Centre
1590 Cliff Avenue, Courtenay, BC

Directors	Don Hubbard, Chair	Staff	Dr. Brendan Carr, President & CEO
Present:	Frank Carson	Present:	Catherine Mackay, EVP & COO
	Starr Winchester		Dr. Jeremy Etherington, EVP & Chief Medical Officer
	Jim Dutton		Kathy MacNeil, EVP, Quality, Experience & Safety
	Roger Barnsley		Catherine Claiter-Larsen, VP Quality Systems & CIO
	Robina Thomas		Joe Murphy, VP, Operations & Support Services
	Matthew Watson		Ann Bozoian, Director, Office of the President
	Claire Moglove		Stacey Bligh, Recorder
Regrets:	Jean Wheeler	Presenters:	Kimmi Hughes, Grant Schlotter, Mary Drohan – Say Yes to Supervised Consumption

1. Call to Order & Approval of the Agenda

Chair Hubbard called the meeting to order at 1:30 pm and acknowledged that the meeting was taking place on the Traditional Territory of the K'omoks First Nations. Introductions to the Board members and President and CEO were made.

It was **MOVED, SECONDED and CARRIED THAT** the agenda be adopted as circulated.

It was **MOVED, SECONDED and CARRIED THAT** the Minutes of January 28, 2016 be approved.

2. Committee Updates

Health Quality Committee

Director Barnsley reported that the Health Quality Committee heard from the BC College of Physicians and Surgeons on the topic of medical assistance in dying. While the Federal legislative process for medical assistance in dying continues to be underway, Island Health will align with provincial direction, the Courts and the College on this topic. The Committee also received a report on Surgical Access. Wait times continue to be a challenge experienced by patients. Island Health has a comprehensive strategy to improve surgical access for patients – this is a high priority for the Board. The Committee received an update on community activities underway to establish supervised consumption services on Vancouver Island. Finally, the committee met with three members of the Patient Advisory Council for a Q&A session in order to learn more about the activities of the Patient Advisors and looks forward to their future input.

Finance and Audit Committee

Director Watson reported that the Finance and Audit Committee received a status report on the construction of the North Island Hospitals Project. The Board also toured the new Comox Valley Hospital yesterday and was pleased with the progress being made. Director Watson also commented on the jobs that have been created with the construction projects. The two new hospitals that will open in Campbell River and in the Comox Valley in 2017 will bring significant improvements to how residents of central and North Vancouver Island access health care both in hospital and in the community. The Committee reviewed the Financial Performance Report for Period 11. Management expects to achieve

the overall budget and savings plans for the fiscal year, and is projecting a balanced position at year end. The Internal Audit report was presented as was the Asset and Liability Management and again, the Committee had no concerns with either report.

Committee of the Whole

Director Thomas reported on IHealth noting it is a major quality initiative that will, among other things, create a single electronic health record for every Island Health patient, resident and client. Since our last meeting held in January, IHealth activations have occurred at Nanaimo Regional General Hospital, Dufferin Place and at Oceanside. We are pleased that the initial activation in mid-March went well as this is a significant change for our health care professions. We received an update on the work being done to transition to the opening of the two new hospitals in the Comox Valley and Campbell River from the clinical commissioning, financial and human resources perspectives. We also received the year-end report on Island Health's 2015/16 annual plan, the 2016/17 annual plan as well as the Ministry of Health 2016/17 – 2018/19 Service Plan.

3. Report from President & Chief Executive Officer

Dr. Brendan Carr acknowledged and thanked the K'omoks First Nations for allowing us to live and work in their traditional territory. The Board has spent the last few days here and is very pleased to be here. Dr. Carr also acknowledged two recent Island Health board appointments: Starr Winchester from the Comox Valley and Claire Moglove from Campbell River.

Highlights from Dr. Carr's Report

- Island Health is focused on meeting Government's Broad priorities which includes the following Island Health strategic priorities
 - Effective primary care so people can live well and we can prevent, reduce or delay hospital or facility-based care;
 - Targeted and effective mental health and substance use services;
 - Meaningful services for those living with chronic health conditions;
 - Appropriate programs and services for frail seniors;
 - Effective networks of services in rural and remote communities; and
 - Better access to, and reduced wait times for, surgery and diagnostic tests.
- The BC Nurses' Union and the Hospital Employers' Association of BC reached a tentative 5-year contract. The tentative deal includes provisions to help address workplace violence, and promote psychological health and safety in workplace. There are also provisions to address specialty nursing, rural and remote recruitment and retention issues.
- Our leadership structure supports a local lens on decision making. In the Comox Valley, the senior geographic leadership team is Dermot Kelley and Dr. Jeff Beselt. In local communities, this is shaping work in several areas; for example:
 - Primary Care
 - Partnering with local physicians, Divisions of Family Practice and Specialists; working with local communities, First Nations, health-focused agencies, educational institutions and local government; building integrated teams within Island Health that bring together programs and services, case management, learnings and education.
 - Seniors Care
 - Identifying and targeting services to frail patients, particularly seniors, to reduce emergency department and hospital bed use; mental Health and Substance Use; Improving access to, and coordination of, primary care services and expanding Integrated Case Management Teams; and adding beds for youth and adults living with addictions and mental health issues.

Surgery

- Ambitious plan to improve surgical wait times by doing an extra 9,380 surgical cases over the next three years with a focus on hip and knee surgery. We are moving forward with a partnership with

an affiliate surgical services provider in Victoria that will do 2,500 day care cases and 3,500 colonoscopies each year. We are also looking at expanding procedures we do outside the acute care setting in other parts of Vancouver Island. These procedures are publicly-funded.

MRIs

- A government funding announcement late last year will allow Island Health to perform some 12,800 additional MRIs over four years, reducing wait times.

IHealth

- On March 19, we successfully activated IHealth at Nanaimo Regional General Hospital, Dufferin Place and the Oceanside Health Centre. NRGH Campus became the 7th site in Canada to implement this extensiveness of EHR functionality, and now shares the rank of 2nd largest organization in the country to achieve this scope. I continue to be awed by the determination and dedication of the Island Health team.

Emergency Room Use Campaign

- As an emergency room physician, I know how frustrating it can be for patients and families waiting to be seen by a physician in an Emergency Dept. When patients come to emergency, they triaged, with the sickest (severe chest pain, difficulty breathing, or bleeding profusely) seen first. Often, patients presenting with non-life-threatening conditions (stomach ache, sunburn, or in need of a prescription refill) have to wait. We are rolling out an awareness campaign to help people know when to come to the Emergency Dept. and when they can safely go to a family doctor, a walk-in clinic or see a pharmacist. Registered nurses at Health Link BC can be reached 24 hours a day, seven days a week, by dialing 811. If you or someone in your care is experiencing a medical emergency, call 911 or head to Emergency.

Hospice Care Expansion

- We are well on our way to meeting our commitment to double the number of hospice bed spaces. In 2014, there were 32 beds in Island Health and by 2020, our plan is to have 64 beds. The Comox Valley was the first area to benefit from this hospice bed expansion with four new hospice beds opened in The Views and two additional hospice beds in the coming years.
- Staff recently received a thank you card from a patient's son, Jason Teter. Jason gave us permission to use his name and his statement, which says:
"Thank you all for taking such good care of my mother, Pixie. You were all tremendous and are perfect for the job! Not only did you take excellent care of my mom; you took excellent care of my family as well."
- We are proud of this new, important service in the Comox Valley which is operated in partnership with St. Joseph's Hospital, the Comox Valley Hospice Society and Island Health. Capital funding was provided by the St. Joseph's Hospital Foundation, Comox Valley Hospice Society and the Ministry of Health. The Hospice at The Views has been named a finalist for the 9th Annual Vancouver Island Real Estate Board's "Commercial Building Award" - the winner will be announced on April 21, 2016.

Comox Valley Hospital

- The new Comox Valley Hospital is part of the North Island Hospitals Project which will also see a new 95 bed hospital built in Campbell River. This is a \$606 million dollar capital project supported by local taxpayers, the Province of BC and Island Health and will open in late 2017.
- Our aim is to make this mammoth transition as seamless as possible for physicians and staff, patients, their families and the community.
- These hospitals will be the most energy efficient in the Province and among the most efficient hospitals in the world. They will use roughly half the energy of existing hospitals per sq. metre.
- The hospitals' project is a major job creator in the central/north island area with over 850 construction and related staff working on the two hospitals in February. Local workers make up 73 per cent of the total workforce and 92 percent are from Vancouver Island. 158 apprentices worked

on the two sites in February. Over the lifetime of the builds, construction will create about 2,200 direct jobs and more than 1,400 indirect jobs.

Expanded Supportive Recovery Services for Comox Valley Women

- Last year, the number of publicly-funded withdrawal management and supportive recovery beds for women in the Comox Valley tripled --- from three to nine beds. These beds provide services and supports for women living with and recovering from addictions issues. Island Health is pleased to have the Comox Valley Transition Society as a partner in this service.

MHSU – Integrated Case Management

- The Comox Valley Integrated Case Management team has been running for about a year. This is an inter-disciplinary outreach team that practices from a harm reduction, strengths based philosophy, partnering with individuals who are actively using substances. The team recently moved to the old Pizza Hut in the Valley, to better serve the community and clients.

Comox Valley Seniors Prototype

- A project is underway by the Comox Valley seniors care action team to create model of care that provides more care and support options for seniors in the Comox Valley. Planning work involves leaders and staff within Island Health, the Division of Family Practice, First Nations Health Authority, St Joseph's Hospital, patients and physicians.

North Island College Partnership

- The North Island College/Island Health education partnership was established in 2012 to ensure that needed programs are in place to support the training/education of health care professionals who are going to be needed to support wellness and care of citizens. This partnership recognizes that sustainable education and care require close cooperation of the community, the health authority and educational partners.

MRI Volumes Increasing

- Here in the Comox Valley, Island Health has added about 500 more MRI scans between January 1 and March 31. This included over 450 scans that were done right here in the Comox Valley at Vancouver Island MRI under a short term contract. When the two new hospitals open in 2017, both sites (Campbell River and Comox) will have fixed site MRI within the hospitals.

Overdoses and Naloxone

- Tragically, since late last year, an increase in overdoses, both fatal and non-fatal, has occurred in Nanaimo and Victoria. Island Health is working with the BC Coroner's Service, BC Ambulance, Emergency Dept's and community organizations on this matter. The coordinated response includes increased education and prevention and the distribution of Naloxone at Victoria and Nanaimo emergency departments. The health clinic at Vancouver Island University also has naloxone available at its clinic.

St. Joseph's General Hospital Foundation

- St Joseph's General Hospital Foundation provides financial support to purchase medical technology, space upgrades, patient comfort items, capital projects and staff education.
- Facilities and programs supported by the Foundation are: St. Joseph's Hospital, Glacier View Lodge, Cumberland Lodge and the Cardio-Pulmonary Wellness Program. Since 2009, it has raised over \$9 million.

4. Adjournment

It was **MOVED, SECONDED and CARRIED THAT** meeting be adjourned at 2:25 pm.