

## **Developmental Disability Mental Health Team (DDMHT)**

## **Children and Youth - One Time Psychiatric Consultation Service**

In January 2014 a Child and Youth psychiatric consultation service was introduced. This one time consultation service (does not include team consultation) is separate from the DDMHT core service.

This Island-wide service provides psychiatric consultation and assessment of children and youth with special needs, ages 5 years to 19 years. As with DDMHT's mainstream service, this is a consultative service only and primary care / prescribing role, remains with the family physician and or paediatrician. The C&A Psychiatrist provides individualized recommendations for the child or youth, and will support the primary physician [paediatrician or family physician] in the provision of MH care for the child/youth with special needs in the community.

Follow-up reviews or reassessments will be accessible as required in discussion with consultant and community team members.

## **Referral Source and Eligibility:**

The referral source for the one- time C&Y consultation service is your local Ministry of Children and Family Development (MCFD) Social Worker for Children and Youth with Special Needs (CYSN). The social worker will work with the child's family/caregiver to complete an application and forward to DDMHT.

Clients and families are seen in Victoria or through Telehealth.

## **Inclusion criteria:**

- Children and youth with special needs who meet the criteria for intellectual disability, but are younger than 14 yrs.
- Children and Youth (age 5-19) with special needs, who do not meet eligibility requirements for intellectual disability, or may have difficulty meeting the criteria for or accessing Island Health Child and Adolescent psychiatry services, or MCFD/ CYMH services.