



Tobacco Prevention & Control Program

Interactive Educational Sessions by Tobacco Reduction Staff

Tobacco Prevention and Control staff are available to attend health-focused event/conferences and provide presentations to the following community groups:

- Child, youth and families, including perinatal groups;
- Aboriginal groups; and
- Mental Health and Addiction groups.

If your group/organization falls within one of the above community groups, contact the Tobacco Prevention & Control Program to discuss your event with a Tobacco Reduction staff:

Victoria 250.360.1450

Nanaimo 250.755.6285

Campbell River 250.755.6285

Tobacco Wheel of Choice

This kit includes a tabletop wheel display that spins to select one of 8 categories (second-hand smoke, tobacco laws, teens & smoking, advertising, decisions, health effects, statistics, and the tobacco industry). Most of the questions are multiple-choice. It can be played with as little as two people or teams of people as in a classroom or conference setting.

Target groups: Preschool to adult

Carbon Monoxide Monitor (Smokerlyzer)

This monitor can be used in quit smoking groups to motivate people to quit or can be used to demonstrate the difference in CO levels between non-smokers, smokers and those exposed to second-hand smoke. All smokers take CO into their lungs when they inhale and high blood CO levels increase the risk of circulatory problems, heart attack, and stroke.

Target group: Grade 8+

Healthy Lungs & Simulated Smokers' Lung Kit (pigs lungs)

Two sets of inflatable pigs' lungs simulate the lungs of a non-smoking person and one that has been smoking a pack a day for 20 years. They are useful in the demonstration of lung function and anatomy. The lungs also contain two simulated cancerous tumors: one on the surface, and one deep within the lungs.

Target group: Grade 6+

Mr. Dip Lip

This model of the mouth opens and closes from the back like a puppet and flesh-like lips retract to show the effects of dipping on the inner lips, gums and teeth.

Target group: Grade 4+

Tar Jar

Demonstrates the amount of tar that can stay in a smoker's lungs after smoking half a pack of cigarettes every day for one year.

Target group: Grade 4+