



# The 2D Quiz

Review the handout “2Ds”, then answer the following questions:

<b>Definition</b>	<p>Progressive loss of brain cells resulting in decline of day-to-day cognition and functioning. A terminal condition.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>	<p>An acute or sudden onset of mental confusion as a result of a medical, social, or environmental condition.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>
<b>Duration</b>	<p>Years (usually 8 to 20)</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>	<p>Hours to months, dependant on speed of diagnosis.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>
<b>Thinking</b>	<p>Fluctuates between rational state &amp; disorganized, distorted thinking with incoherent speech</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>	<p>Gradual loss of cognition and ability to problem solve and function independently.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>
<b>Mental status testing</b>	<p>Will attempt to answer and will not be aware of mistakes.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>	<p>Testing may vary from poor to good depending of time of day and fluctuation in cognition.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>
<b>Memory</b>	<p>Inability to learn new information or to recall previously learned information.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>	<p>Recent and immediate memory impaired.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Delirium</li> <li><input type="checkbox"/> Dementia</li> </ul>

<b>Sleep-wake cycle</b>	Disturbed, and sleep-wake cycle is reversed (up in night, very sleepy and sometimes non-responsive during the day) <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	May awaken often at night, may wander, but sleep can also be normal.  <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
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<b>Hallucinations and delusions</b>	Can be present. May misperceive. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Often of a frightening or paranoid nature  <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
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<b>Diagnosis</b>	Usually diagnosed approximately 3 years after onset of symptoms. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Diagnosis based on rapid onset of fluctuating symptoms. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
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<b>Care approaches</b>	Early recognition is key. Keep person safe, find cause and treat as quickly as possible. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Maintain and enhance abilities that remain. Focus on the positive and support the lost abilities. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
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<b>Prognosis</b>	Treatable and reversible, especially if caught early <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Progression can be slowed but not reversed. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
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<b>Treatment</b>	Treat cause. Monitor response. Be alert for relapse. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia	Anticholinesterase inhibitors slow the progression. Symptomatic treatment with environmental and staff approaches. <input type="checkbox"/> Delirium <input type="checkbox"/> Dementia
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## The 2D Quiz – Answers

<b>Definition</b>	Progressive loss of brain cells resulting in decline of day-to-day cognition and functioning. A terminal condition. Delirium ■ <b><u>Dementia</u></b>	An acute or sudden onset of mental confusion as a result of a medical, social, or environmental condition. ■ <b><u>Delirium</u></b> Dementia
<b>Duration</b>	Years (usually 8 to 20) Delirium ■ <b><u>Dementia</u></b>	Hours to months, dependant on speed of diagnosis. ■ <b><u>Delirium</u></b> Dementia
<b>Thinking</b>	Fluctuates between rational state and disorganized, distorted thinking with incoherent speech. ■ <b><u>Delirium</u></b> Dementia	Gradual loss of cognition and ability to problem solve and function independently. Delirium ■ <b><u>Dementia</u></b>
<b>Mental status testing</b>	Will attempt to answer and will not be aware of mistakes. Delirium ■ <b><u>Dementia</u></b>	Testing may vary from poor to good depending of time of day and fluctuation in cognition. ■ <b><u>Delirium</u></b> Dementia
<b>Memory</b>	Recent and past memory impaired. Delirium ■ <b><u>Dementia</u></b>	Recent and immediate memory impaired. ■ <b><u>Delirium</u></b> Dementia
<b>Sleep-wake cycle</b>	Disturbed, and sleep-wake cycle is reversed (up in night, very sleepy and sometimes non-responsive during the day). ■ <b><u>Delirium</u></b> Dementia	May awaken often at night, may wander, but sleep can also be normal. Delirium ■ <b><u>Dementia</u></b>
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<b>Prognosis</b>	Treatable and reversible, especially if caught early. ■ <b><u>Delirium</u></b> Dementia	Progression can be slowed but not reversed. Delirium ■ <b><u>Dementia</u></b>
<b>Treatment</b>	Treat cause. Monitor response. Be alert for relapse. ■ <b><u>Delirium</u></b> Dementia	Anticholinesterase inhibitors slow the progression. Symptomatic treatment with environmental and staff approaches. Delirium ■ <b><u>Dementia</u></b>