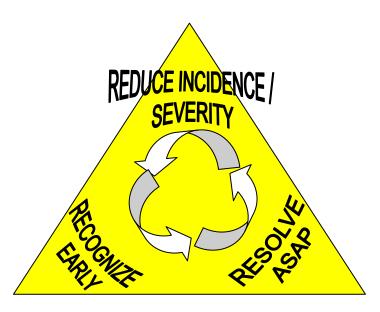


## REGIONAL DELIRIUM WATCH PROGRAM

### DELIRIUM IS A MEDICAL EMERGENCY



## To Reduce Morbidity, Mortality and Improve Outcomes

#### **Predict / Prevent**

- Assess all adult patients preadmission or on admission to acute care for delirium risk factors
- Alter care strategies to ameliorate/correct risks
- Communication strategies to alert when Delirium Watch initiated

# Recognize Early and Accurately Diagnose

- CAM Assessment
- CAM ICU
- DSM IV criteria

# Intervene Early and Appropriately

- Hunt for the underlying cause
- Implement intervention strategies
  - Environmental
  - Physiologic
  - Social
  - Psychological
  - Pharmacologic

- **D** Drugs (new/withdrawal)
- **E** Environment/Eyes/Ears
- L Low Oxygen/hgb
- I Infection
- R Retention (stool/urine)
- I Irritation (pain/anxiety)
- Under-hydrated/nourished
- M Metabolic
- **S** Stroke, shock states, subdural

Delirium: A Medical Emergency. Island Health. Reviewed 8-2014.