

# Nanaimo Regional General Hospital

Pulmonary Function Lab

June 14, 2017

Booking Office: 250.716.7705



Patient Name  
Address Line 1  
Address Line 2

Appointment Date:

★ **Test Start Time:** (but please arrive 15 minutes earlier to check-in)

Test(s) Requested: Spirometry/Pulmonary Function Test

Ordering Physician: Ordering Physician

Report to: **Ambulatory Care Building – Registration/Admitting Desk in the lobby**  
**Nanaimo Regional General Hospital**  
**1200 Dufferin Crescent**  
**Nanaimo, BC**

## Appointment Information:

- To cancel or reschedule, contact the booking office as soon as possible at 250.716.7705 or (toll free) 1.877.711.7705. If you fail to show for your appointment, your referral will be returned to your physician. You will not be rescheduled until we receive a new referral from your physician.
- Remember to bring your health care card to your appointment
- Allow ample time for travel, pay parking and registration. Late arrival may result in your appointment being rescheduled. Pay parking machines only accept cash or credit card. Lot D is the closest parking lot. Rates are \$2.25 for the first 2 hours and \$1.25 for each hour thereafter.

## Medications:

- **Do not** use inhaled medications (i.e. puffers) the day of your test, but do bring them with you
- You may use inhaled medications (i.e. puffers) the night before, but not the day of your test
- Take all your other medications as usual

## Preparation:

- **Do not** smoke 4 hours before your test
- **Do not** wear lipstick or scented products (e.g. cologne or perfume)
- **Do not** eat a large meal within 2 hours of your test, a small meal is fine
- **Do not** exercise 30 minutes before your test
- **Do not** consume caffeine or alcohol before your test
- Dress comfortably and wear walking shoes. You will not be on a treadmill.
- Spirometry Information Video: <https://www.lung.ca/lung-health/lung-disease/spirometry>

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## Parking Legend

- Parking Office (Room G011A)
- Parking Ticket Machines
- Change Machine
- Public or Patient
- Persons With Disabilities Public Parking
- Public, Staff & Reserved Parking
- Public and Reserved Parking
- Staff and Reserved
- Physician Parking
- Physician Emergency Callback
- Hemodialysis / Home Dialysis Patient
- VIHA Transport
- Contractor
- Patient Transfer, HandyDART
- BCTransit Bus Stop
- Bicycle Compound
- Bicycle Rack
- Bicycle Locker
- Motorcycle or Scooter
- Electric Vehicle Charge Station



### Parking Lot Restrictions and Additional Information

**Pay-By-Space Parking in Lots B, F, and H**  
 Parking meters are located inside building entrances at the above lots.

**Lot C**  
 Staff Permits authorized.  
 Mon-Fri 1300-0800 and all day Sat/Sun/Stats.

**Lot D**  
 Public parking only Mon-Fri 0730-1630.  
 Staff/Reserved Permits authorized Mon-Fri 1630-0730 and all day Sat/Sun/Stats.

**Lot G**  
 Public Pay and Reserved Permit parking at any time. Staff Permits authorized in signed areas from 1600-0800 daily.

**PARK HERE**

*Please observe signage on roadways and parking areas at Island Health sites.*

**Maximum 20 KM/h**

Bike Compound