CITY:

Cohol and Risk-Related PRE-SURVEY Trauma in Youth Please assist in improving the P.A.R.T.Y. Program by answering some questions before participating. Your answers are confidential. Vancouver Island

DATE: \_\_\_\_\_

**Are you:**  $\Box$  Female □ Male Age:

For each of the following questions please check ALL that apply.

1) What does it mean to "Drive Sober"?

- to not drink alcohol or do drugs before driving a car
- to wait two hours after drinking alcohol before driving home
- to not drink alcohol or do drugs before operating a boat (bicycle?)
- □ to not be overtired while driving
- to not be distracted while driving (e.g. by passengers or cellphones)

2) What does it mean to "Look First"?

- to look for the best seat in the movie theatre
- to examine any situation that you are about to enter for potential risks
- □ to check the depth of the water before diving in
- to look up reviews on a restaurant before eating there
- to make sure that the ice is frozen solid before walking or driving over it
- 3) What does it mean to "Wear the Gear"?
  - to wear an eye shield on your hockey helmet
  - to wear a helmet when snowboarding or skiing
  - to wear a bicycle helmet
  - to wear protective clothing when riding a motorcycle
  - □ to wear sunglasses

4) Which of the following activities do you consider high risk?

- Diving into unknown water
- Biking in a designated bicycle lane
- Talking or texting on a cellphone while driving
- Not wearing a seatbelt when driving
- Being a passenger with a speeding driver

5) How many drinks can a person have and still drive safely?

- □ 1-2
- □ 3-4
- □ 5-6
- □ Greater than 6
- □ Any alcohol is a risk

Indicate whether you agree or disagree with each statement	Agree	Disagree
It is my life; If I take risks, it is my business because I am only		
endangering myself.		
Life is about identifying the risks that I face in everyday life and		
choosing how to manage them.		
If I am injured while riding as a passenger with a driver who is		
impaired, it is my responsibility because I chose to take the ride.		
My actions can result in permanent consequences for myself		
and for others.		
Injuries are a problem for some teens, but I don't believe that I		
am personally at risk.		
It is important to make a plan for how to get home safely before		
going out.		
I would tell my friends or family members if I saw that they were		
facing a serious risk in a situation.		

Check The Better Answer	True	False
In a vehicle, if your passenger is not wearing a seatbelt they are a danger to you and the other passengers.		
Like a broken arm, a brain injury will completely heal itself.		
Accidents are not preventable.		
Male drivers are more likely to kill or be killed in a collision.		
Female drivers are more likely to cause minor collisions and body damage to vehicles.		
Binge drinking is defined as consuming 4 or more drinks for a man, or 3 or more drinks for a woman on a single occasion.		
Driving is a right, and I'm entitled to it.		
You can avoid injury by making smart choices.		
After sustaining a spinal cord injury, you may have to urinate (pee) through a catheter.		
Speed or alcohol is not a factor if you have your seatbelt on.		
Trauma can have life-long consequences for the victim & the family.		
You can have your seatbelt tucked under your arm & still be protected.		