TIPS FOR SAFER DRUG USE

Many drugs may contain fentanyl, leading to overdose (i.e. cocaine, heroin, ecstasy, xanax or meth).

If you're going to use, be safe:

- Take one drug at a time (including alcohol or prescriptions)
- · Use with friends and tell them what you've taken
- Know the signs of a fentanyl/opioid overdose
- · Carry a naloxone kit and know how to use it

KNOW THE SIGNS

- Blue lips and fingertips
- Slow or no breathing
- Unresponsive to name, noise or pain
- Gurgling or snoring sounds
- Pinpoint pupils or clammy skin

HOW TO RESPOND

- Call 9II and festival first-aid
- Clear and open the airway
- Provide rescue breathing
- Administer naloxone and continue rescue breathing



Learn more at: viha.ca/mho/overdose