

## PULMONARY FUNCTION – PATIENT INSTRUCTIONS



Patient Name

Address

Address

### TEST LOCATION

Cowichan District  
Hospital

3045 Gibbins Road  
Duncan, BC  
V9L 1E5

**Appointment Date:**

**Test Start Time:** (arrive 15 minutes early)

**Your Test Will Be:**

Please be sure to follow the instructions below because failure to do so could result in your test being cancelled:

- ◆ Check in at the **Emergency Department** of the **Cowichan District Hospital** 15 minutes prior to your appointment start time.
- ◆ **All patients are required to provide a Care Card or other form of ID for check-in.**  
**We need to confirm that the information we have for you is current and correct.**
- ◆ Thank you for not wearing scented products or lipstick.
- ◆ Avoid caffeine (tea, coffee, chocolate, pop, etc.) for four [4] hours prior to test. You may eat as normal, avoiding caffeinated products.
- ◆ Do not smoke any substances for four [4] hours prior to test.
- ◆ Please dress comfortably.

### **CANCELLATIONS:**

- ◆ We require 48 hours' notice of cancellation. Please call Stephanie at 250-737-2030 ext. 18008 for cancellations and questions.
- ◆ A cancellation list is available upon request.
- ◆ Waitlist is currently 6+ months. Please keep this in mind if you wish to cancel or reschedule your appointment.

**PLEASE AVOID THE FOLLOWING MEDICATIONS BEFORE YOUR TEST:**

**12 Hours Before:**

Do not use long-acting bronchodilators or inhaled corticosteroids (Advair, Alvesco, Breo, Flovent, Foradil, Pulmicort, Spiriva, Symbicort, etc.) **unless directed otherwise by your physician.**

**4 Hours Before:**

Do not use short-acting bronchodilators (Atrovent, Bricanyl, Salbutamol, Ventolin, etc.) **unless directed otherwise by your physician.**

**OUR LOCATION:**

- ◆ The Pulmonary Function Department is located on the 4<sup>th</sup> floor in room 4001
- ◆ After you check in at Emergency, they will direct you where to go (there are signs).

**PARKING:**

- ◆ Parking is available in the main lot at the west end of the hospital
- ◆ Handicapped parking is available by the main entrance