

TELEHEALTH is available in many communities across British Columbia (BC). BC's Health Authorities work together to provide a broad range of health care services using Telehealth. Programs offered in your area may include:

- Cancer
- Genetic Counseling
- Home Care
- Mental Health/Psychiatry
- Thoracic
- Wound Care

TELEHEALTH allows you to connect to your health care provider in BC or in other parts of Canada (for example, Alberta and Ontario).

To learn more, or to find out whether Telehealth may be an option for you, please talk to your health care provider. You may also contact the Telehealth program in your area.



First Nations Health Authority
Health through wellness

www.fnha.ca/what-we-do/ehealth/telehealth/

Email: telehealth@fnha.ca

Telephone: 1-844-364-7878



Email: telehealth@fraserhealth.ca



Interior Health

www.interiorhealth.ca/YourCare/telehealth/

Email: telehealth@interiorhealth.ca

Telephone: 250-491-6433



island health

www.viha.ca/Telehealth/

Email: telehealth@viha.ca

Telephone: 250-519-1944



Email: telehealth@northernhealth.ca



PROVINCIAL
Health Services
AUTHORITY

Email: telehealth@phsa.ca



How you want to be treated.

Email: telehealth@vch.ca

Welcome to TELEHEALTH



BRITISH
COLUMBIA
The Best Place on Earth



First Nations Health Authority
Health through wellness



Better health. Best in health care.



Interior Health



island health



TELEHEALTH lets you “meet” with your out-of-town health care provider using a television screen or computer monitor, video camera and microphone, which operate over a secure network. This allows you and your health care provider to visit as if you were both in the same room.

TELEHEALTH helps you by:

- Providing access to health care providers and services in the comfort of your community
- Offering access to health education
- Giving you a choice to meet with your health care provider by Telehealth or in person
- Saving you time and money
- Keeping you close to home

How do I request a Telehealth session?

Talk to your health care provider about Telehealth. If it is right for you, and if the service is available, your health care provider will arrange a Telehealth session.

Can I bring someone with me to my Telehealth session?

Yes, a family member or friend is welcome to attend your Telehealth session. Please think of your Telehealth session as a regular appointment with your health care provider.

How long is a Telehealth session?

Dependent on your health care provider’s preferences, the length of a Telehealth session can vary.

How is my privacy protected?

Your personal information is protected under the *Freedom of Information and Protection of Privacy Act*. Only your health care providers involved in your care will see your personal health information.

May I still meet with my health care provider in person?

Yes. Telehealth is your choice. If you feel the Telehealth session does not meet your health care needs, you may end the session and schedule a face-to-face appointment with your health care provider.

What can I expect during a Telehealth session?

- You can see, hear and talk to your health care provider.
- You are not required to work the Telehealth equipment.
- You or your health care provider may ask anyone to leave the room (if others are present in the room with you, or in the room with your health care provider) .

