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### For more information visit:

www.islandhealth.ca/our-services/children-youthservices/prevent-alcohol-risk-related-trauma-youth-party

www.partyprogram.com

www.facebook.com/THEPARTYPROGRAM

### Links for Parents:

Parachute – Canadian Injury Prevention Initiative <u>http://www.parachutecanada.org/</u>

ICBC – Info for Parents of Teen Drivers www.icbc.com/driver-licensing/new-drivers/Pages/Forparents-of-teen-drivers

Discovery Youth and Family Substance Use Services www.viha.ca/youth-substance-use/discovery.htm



# For more information or to make a donation please contact:

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# Parent's Guide







## What is P.A.R.T.Y.?

Island Health has been delivering the P.A.R.T.Y. (Prevent Alcohol and Risk-Related Trauma in Youth) Program on Vancouver Island since 2003. The P.A.R.T.Y. Program provides students with a realistic look at the impact of poor decision making and the immediate and long term consequences. Through the lens of health care providers, students follow the journey of a trauma victim from occurrence of injury, through transport, treatment, rehabilitation and community re-integration. Health care professionals and community volunteers that include physicians, nurses, paramedics, police, and trauma survivors share first hand experiences and provide students with strategies for mitigating risk.

#### Parent Tip

Make a family contract with your teenager so they know you are willing to pick them up anytime they need a safe ride home.



Comox P.A.R.T.Y. Program

## Why P.A.R.T.Y.?

- 1 in 5 young drivers will be involved in a crash in their first two years of driving.
- Car crashes are the #1 killer of youth aged 13–25 in BC.
- Teens are more susceptible than older drivers to peer pressure.
- Driver inexperience, distractions (cell phones, music, peers), and risk-taking are some of the factors that contribute to a new driver's involvement in crashes.

Parents are always welcome to attend the P.A.R.T.Y. Program. Please contact your child's teacher for your school's scheduled session date.

We're always looking for volunteers! Please visit our website for more information.

"It was very impactful and everyone should have to go. It wasn't just facts and shock factor; it was very sad which made it more personal and left you thinking."

Ballenas Secondary School Student

## **Program Highlights**

- Approximately 4000 grade 10 students attend the program every year.
- Over 80 session are offered across the region, from Victoria to Port Hardy.
- Over 250 volunteers contribute an average of 3000 hours to this valuable program.

