



## SUGGESTED FIRST AID SUPPLIES CHILD CARE

### COMMUNITY CARE FACILITIES LICENSING PROGRAM

Section 23(2) of the Child Care Licensing Regulation states that the Licensee must have first aid kits that are readily accessible to all employees, including when care is provided away from the community care facility premises, such as when on a field trip. The following is a recommended list of contents for those first aid kits.

#### First Aid Kit

A first aid kit should contain sufficient items to respond to emergency situations that might occur to the children and staff at your facility. The quantity of each item should reflect the size of the facility and access to medical aid. Some facilities may wish to include additional items.

- Thermometer or fever strips
- Tweezers
- Disposable gloves
- Non-allergenic tape
- Syrup of Ipecac is recommended for child care facilities in remote areas. It should be used after a physician or the poison control centre has been contacted. Syrup of Ipecac must be inaccessible to children. The location of the Syrup of Ipecac in the facility should be noted in the first aid kit.
- Band aids (various sizes)
- Safety pins
- Non-adherent dressing (Telfa)
- Triangular bandage
- Scissors
- Sterile gauze pads (various sizes)
- Gauze roll
- First Aid book

#### Emergency Phone Numbers

Keep in the first aid kit on a laminated/waterproof card.

Emergency: 911

Ambulance: \_\_\_\_\_ check local listings

Fire: \_\_\_\_\_ check local listings

Police: \_\_\_\_\_ check local listings

Poison Control: 1.800.567.8911 (province wide)

#### Supplies for Field Trips

- First aid kit
- Emergency records for each child
- Money for public phone or cell phones
- Notepad/pen/pencil to record incidents
- Space blanket (or equivalent)
- Bottled water
- Chemical ice pack
- Emergency medication for any child with specific medical needs.

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