

MyHealth – Reviewing Laboratory Results, Imaging Reports and Appointments



Quick Reference Guide

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| Applies to: | Island Health patients and families enrolled in and using MyHealth. |
| Purpose: | To learn how to view and download results/reports and view appointments in MyHealth. |

Island Health’s MyHealth application provides patients with access to view their laboratory results, imaging reports and upcoming appointments.

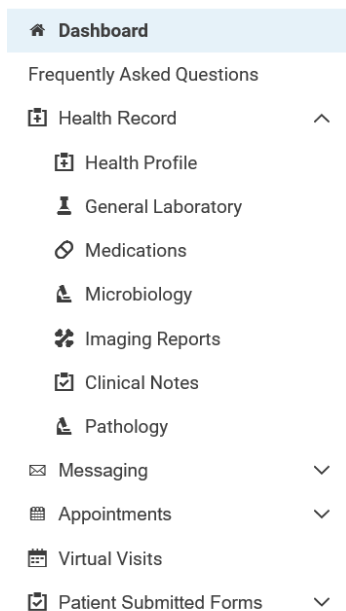
- **General Laboratory** results and **Microbiology** report are available as soon as they are resulted in Island Health’s electronic health record.
- **Pathology** and **Imaging** reports are available 7 days after they are resulted in Island Health’s electronic health record.
 - This 7-day delay gives your health-care provider time to review the report(s) with you before they show up in your portal.

Note: Microbiology, Pathology and Imaging reports from January 2019 and later are available in MyHealth. All general laboratory results contained in Island Health’s electronic health record are available in MyHealth.

Viewing your Results

You can use your MyHealth account to access and view the following information:

- General Laboratory
- Microbiology
- Imaging Reports
- Pathology



To view your results:

1. In the **Dashboard**, click the **Health Record** downward-pointing arrow, and from the list that appears, select the type of results you want to view.

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- The results information in the **Health Record** is from your Island Health electronic health record.
- General Laboratory results display, in their subgroups, from most recent to oldest.
- The Island Health reference ranges display on the lower right side of the result.
- Out-of-range results will display in orange. Not all out of range results represent disease; please follow-up with your health-care provider.
- For the **General Laboratory** section, the default display timeframe is one week back from your most recent result. Adjust the date range filters to view additional results.
- Use the scroll bar to see all of the results in the selected date range.
- For additional information, refer to the grey box to the right of the screen.

General Laboratory

Viewing health record for
FEMALEONE TESTPATIENTPORTAL

Most recent results HealthLink BC

Filter by date range

Start date 2019-02-22 **End date** 2019-03-01 Submit

Enter date in YYYY-MM-DD format.

[Show all results](#)

Immunology

Miscellaneous Immunology Send Out

The value for this result cannot be displayed. Contact your provider to obtain this information. >

Date: Feb 26, 2019 03:08 PM PST

Routine Chemistry

Sodium Level

146 mmol/L (High) >

Date: Feb 27, 2019 12:00 PM PST **Reference Range:** 135 mmol/L - 145 mmol/L

Potassium Level

3.3 mmol/L (Low) >

Date: Feb 27, 2019 12:00 PM PST **Reference Range:** 3.5 mmol/L - 5.0 mmol/L

Chloride Level

128 mmol/L (Critical) >

Date: Feb 27, 2019 12:00 PM PST **Reference Range:** 101 mmol/L - 111 mmol/L

Downloading or Printing your Results and Reports

Your MyHealth account allows you to download some of your results and save them to your computer. You can also print your results if you want to.

To download/print your results:

1. Select the results you want to download or print.
2. Click the **Download** button next to the report you want to download or print.
 - The results will download to the computer you are using to access MyHealth.
3. Print the report, as desired.

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Note: If you download or print a copy of your results to your local computer, Island Health has no ability to control, nor has any legal responsibility for, the security of any copies of documents you download from MyHealth.

Viewing your Appointments

Your MyHealth account allows you to view your upcoming appointments.

To view appointments:

1. Click the downward-pointing arrow next to **Appointments**.
2. Click **View Upcoming Appointments**.

The screenshot shows the MyHealth interface with a sidebar on the left containing navigation options: Dashboard, Frequently Asked Questions, Health Record, Appointments, and View Upcoming Appointments. The main content area is titled 'Appointments' and displays two upcoming appointments. The first appointment is for 'US Trunk' on Monday, Mar 04, 2019, at 03:00 PM PST, for 'FEMALEONE TESTPATIENTPORTAL' with 'VGH US Rm 2' at 'Victoria General Hospital Medical Imaging'. An 'Options' dropdown menu is visible next to this appointment, with 'Add to calendar' highlighted by a red box. The second appointment is for 'MR Head' on Saturday, Mar 09, 2019, at 05:00 PM PST, for 'FEMALEONE TESTPATIENTPORTAL' with 'CDH MRI Rm 1' at 'Cowichan District Hospital Medical Imaging'.

- You can add your upcoming appointments to your personal calendar.

To add an appointment to your calendar:

1. Click **Options** and select **Add to Calendar**.

Note: Some Island Health appointments may not be displayed. If there is a difference between what you were told and what you see, please clarify by phoning the facility where your appointment is scheduled or by contacting your health-care provider's office.