

Medical Orders for Scope of Treatment

[MOST]

A MOST is a doctor or nurse practitioner's order, that has 6 different levels of treatment that range from comfort care to critical care.

Ideally a MOST is completed following advance care planning and Goals of Care conversations. Your MOST can be changed at any time through conversations with your doctor or nurse practitioner



My Goals of Care

MOST (doctor or nurse practitioner's order)

My goal is to have a natural death. I want to receive care to ease pain and manage symptoms of my underlying illness. I want care provided within my current location when possible.

M1

Supportive care, symptom management and comfort measures.

"M" stands for Medical Orders

- Allow for a natural death.

My goal is to have readily reversible medical conditions treated, within my current location of care when possible. Treatment would be non-invasive and allow for a natural death. Transfer to higher level of care if comfort needs cannot be met in current location.

M2

Medical treatment within current location of care. Transfer to higher level of care if comfort needs cannot be met in current location.

- Life support measures will not be used if your heart stops or if you stop breathing.

My goal is to have my illness cured and/or controlled when possible. I know I may be temporarily transferred to a different care setting for tests or treatment, but I do not want to be transferred to a critical care unit.

M3

Medical treatments including transfer to a higher level of care, excluding critical care.

My goal is to have my life preserved and to have any medical problems reversed if possible. I want admission to critical care, including major or invasive procedures if offered. I would not want intubation or CPR.

C0

Critical care interventions, excluding CPR and intubation.

"C" stands for Critical Care Orders

- Attempt to extend or preserve life through aggressive treatments provided in critical care environments (e.g. ICU).

My goal is to have my life preserved. I want admission to critical care and all critical care interventions offered, including intubation if needed, but not CPR.

C1

Critical care interventions including intubation, but excluding CPR.

- These orders are not typically used if you are at the natural end of your life.

My goal is to have my life preserved. I want admission to critical care and critical care interventions offered, including intubation and CPR.

C2

Appropriate critical care interventions, including, CPR and intubation.

CPR: Refers to Cardiopulmonary Resuscitation, is an attempt to revive a person whose heart and breathing have stopped.

Intubation: is a tube inserted through the mouth and into the airway. This is done so that a person can be put on a mechanical ventilator to assist with breathing.