

Breast Cancer Resources

Pamphlets

Breast cancer: understanding your diagnosis (Canadian Cancer Society)

https://www.cancer.ca/~/media/cancer.ca/CW/publications/Breast%20cancer%20UYD/32064-1-NO.pdf

Breast cancer companion guide (BC Cancer)

http://www.bccancer.bc.ca/patient-and-public-infosite/Documents/CompanionGuide2014Revision.pdf

Understanding treatment for breast cancer (Canadian Cancer Society)

https://www.cancer.ca/~/media/cancer.ca/CW/publications/Understanding%20treatment%20 breast/32077-1-NO.pdf

Exercises after breast surgery (Canadian Cancer Society)

https://www.cancer.ca/~/media/cancer.ca/CW/publications/Exercises%20after%20breast%20s urgery/32071-1-NO.pdf

Nutrition guide for women with breast cancer (BC Cancer)

http://www.bccancer.bc.ca/nutritionsite/Documents/Patient%20Education/a nutrition guide for women with breast cancer.pdf

My partner has breast cancer: how can I help? (BC Cancer)

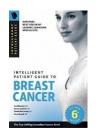
http://www.bccancer.bc.ca/patient-and-public-infosite/documents/partner has cancer 2012 1.pdf

After breast cancer treatment: what next? (BC Cancer)

http://www.bccancer.bc.ca/patient-and-public-infosite/Documents/AllianceAfterTreatment2013_reformattedFinalInt.pdf

Resource Book

The Intelligent Patient Guide to Breast Cancer 6th Edition, 2017. ISBN: 9780981159935



This book can be borrowed from the <u>BC Cancer Library</u>. You can purchase it by contacting the <u>publisher</u>, ordering from local bookstores or through online booksellers such as <u>Amazon.ca</u>.

BC Cancer Library and Cancer Information Centre Resources http://www.bccancer.bc.ca/our-services/services/library

Recommended Websites

Breast Health Centre: <u>https://www.islandhealth.ca/our-services/breast-</u> cancer-breast-health-services

BC Cancer Agency: <u>http://www.bccancer.bc.ca/health-info/types-of-</u> cancer/breast-cancer

Breast Cancer.org: https://www.breastcancer.org/

Canadian Cancer Society: <u>https://www.cancer.ca/en/cancer-information/cancer-type/breast/breast-cancer/?region=bc</u>

Canadian Breast Cancer Network: <u>https://www.cbcn.ca/en/</u>

MedlinePlus: https://medlineplus.gov/breastcancer.html

National Cancer Institute: <u>https://www.cancer.gov/types/breast</u>

American Cancer Society: https://www.cancer.org/cancer/breast-cancer.html

Support Programs

You can find support programs offered at each BC Cancer Centre on the BC Cancer website: http://www.bccancer.bc.ca/our-services/services/support-programs

nttp://www.bccancer.bc.ca/our-services/services/support-programs

BC Cancer Agency-Patient and Family Counselling Services: <u>http://www.bccancer.bc.ca/our-services/services/supportive-care/patient-family-counselling</u>

Breast Cancer Support Group (Wellspring): <u>https://wellspring.ca/online-programs/programs/all-programs/breast-cancer-support-group/</u>

Rethink Breast Cancer: https://rethinkbreastcancer.com/

Canadian Cancer Society: <u>https://www.cancer.ca/en/about-us/a-future-</u> without-breast-cancer/breast-cancer-support-services/

Cancer Chat Canada: https://cancerchat.desouzainstitute.com/

Cancer Connection (CCS): https://cancerconnection.ca/home

Inspire Health: <u>https://www.inspirehealth.ca/</u>

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Website: <u>https://www.islandhealth.ca/our-services/breast-cancer-breast-health-</u> <u>services</u>