

Breast Cancer Resources

Support Programs

You can find support programs offered at each BC Cancer Centre on the BC Cancer website:

http://www.bccancer.bc.ca/our-services/services/support-programs

BC Cancer Agency-Patient and Family Counselling Services:

http://www.bccancer.bc.ca/our-services/services/supportivecare/patientfamily-counselling

Breast Cancer Support Group (Wellspring):

https://wellspring.ca/onlineprograms/programs/all-programs/breast-cancersupport-group/

Rethink Breast Cancer: https://rethinkbreastcancer.com/

Canadian Cancer Society:

https://www.cancer.ca/en/about-us/a-futurewithout-breast-cancer/breastcancer-support-services/

Cancer Chat Canada: https://cancerchat.desouzainstitute.com/

Cancer Connection (CCS): https://cancerconnection.ca/home

Inspire Health: <u>https://www.inspirehealth.ca/</u>

Resource Book

The Intelligent Patient Guide to Breast Cancer 6th Edition, 2017. ISBN: 9780981159935



This book can be borrowed from the <u>BC Cancer Library</u>. You can purchase it by contacting the <u>publisher</u>, ordering from local bookstores or through online booksellers such as <u>Amazon.ca</u>.

BC Cancer Library and Cancer Information Centre Resources http://www.bccancer.bc.ca/our-services/services/library

Recommended Websites Breast Health Centre: <u>https://www.islandhealth.ca/our-</u> services/breastcancer-breast-health-services

BC Cancer Agency: <u>http://www.bccancer.bc.ca/health-info/types-ofcancer/breast-cancer</u>

Breast Cancer.org: https://www.breastcancer.org/

Canadian Cancer Society: <u>https://www.cancer.ca/en/cancerinformation/cancer-type/breast/breast-</u> <u>cancer/?region=bc</u>

Canadian Breast Cancer Network: <u>https://www.cbcn.ca/en/</u>

MedlinePlus: https://medlineplus.gov/breastcancer.html

National Cancer Institute: <u>https://www.cancer.gov/types/breast</u>

American Cancer Society: https://www.cancer.org/cancer/breast-cancer.html

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Website: <u>https://www.islandhealth.ca/our-services/breast-cancer-breast-</u> <u>healthservices</u>