

Child, Youth and Family Mental Health (CYFMH) Services offers a specialized range of mental health programs for children, youth, and their families within Island Health.

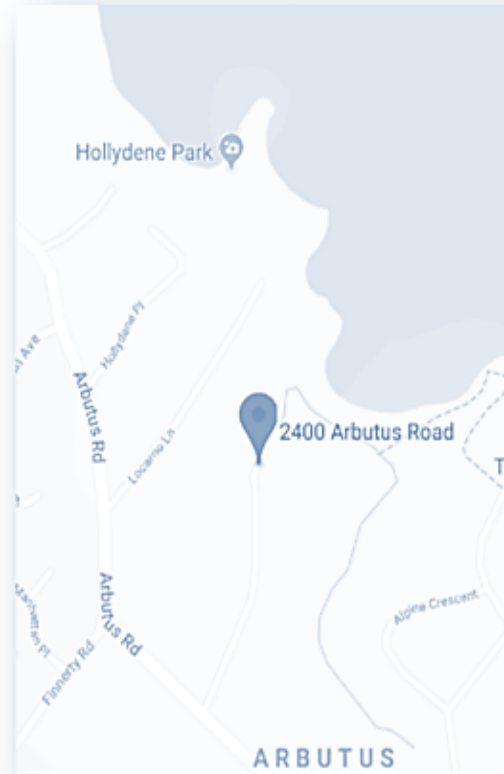
Mental health services are designed to bring together professional practice and expertise to provide a comprehensive range of specialized,

therapeutic services to meet the unique needs of children, youth, and their families. Programs are generally provided through multidisciplinary assessment, specialized interventions, and community based treatment planning and support for children and youth from all backgrounds and cultures.

Services are primarily provided at Island Health's Queen Alexandra Centre for Children's Health, located in Victoria. A fundamental criterion is that the child or youth's mental health needs have exceeded the resources of their community and that referrals are made to CYFMH due to a need for more intensive review and service.

Our teams are comprised of Child and Adolescent Psychiatrists, Psychologists, Nurses, Social Workers, Clinical Counselors, Speech and Language Pathologists, Occupational Therapists, Behavior Analysts and Psychometricians.

LOCATION



Queen Alexandra Centre for Children's Health
2400 Arbutus Road, Victoria, V8N 1V7
250-519-5390

Anscomb Program

An Island Health Child, Youth and
Family Mental Health Service

*Optimizing the
mental health
and wellbeing of
children, youth
and families.*



What does Anscomb provide?

The Anscomb Program is a unique, interdisciplinary mental health outpatient service for Vancouver Island children, youth, and their families.

Programs support children and youth who are experiencing serious, complex, emotional, behavioral and psychiatric challenges whose needs have exceeded the resources of their community.

We offer a continuum of trauma-informed and attachment focused services. These include comprehensive and coordinated assessment, evaluation, treatment and follow-up.

We also liaise with schools, the referral agency, and other service providers to provide consultation, support and education.

Our program goals are:

- 1) to support families and communities to reduce significant emotional, behavioral, psychological and psychiatric symptoms, and
- 2) to increase the mental health and functioning of children and youth at home, at school, and in their communities.



Anscomb Outpatient Program

A specialized service for children and youth (**up to and including age 18**), who are having significant challenges in their daily functioning due to severe, complex and persistent mood, anxiety and/or behavioral conditions related to major psychiatric disorders such as depression, bipolar, OCD, generalized anxiety, panic, PTSD, complex trauma or schizophrenia.

These may or may not be associated with co-morbid neurodevelopmental conditions such as ADHD, ASD, FASD, learning disabilities, or other developmental or intellectual impairments.

South Island

Referrals for this program are accepted from Ministry of Children & Family Development - Child and Youth Mental Health clinics.

Central and North Island

Referrals for this program are accepted from physicians and mental health clinicians.

To speak to an Intake Clinician
please call
(250) 519-6720

Families and Caregivers

At Anscomb we believe in the healing power of families and see parents/caregivers as partners in the treatment process. The success of treatment goals depend on our shared participation and commitment. As such, we offer a range of family support in both individual and group formats.

Why is it so important for parents/caregivers to actively participate in the treatment process?

- We value your perspective, knowledge and expertise – you know your child best
- To ensure you are included in decisions about how to help your child.
- You will benefit from a better understanding of your child's difficulties
- Your child will benefit greatly from your support
- We can help with strategies for how to manage your child at home
- Mental health challenges affect the whole family – not just the child
- Parents need support too!