

## Youth & Adult

### Community Dietitian

Nutritional Counselling

Open Referral: Ph: 250-902-6071 Fax: 250-902-6037

### Telehealth Psychiatrist

Eating Disorder Psychiatric Consultation via telehealth

Referral required from GP/NP

Fax: 1-250-370-8100

## Youth

### Child & Youth Mental Health

<19 y.o. & their families  
Individual & Family Based  
Therapy

Open Referral: Ph:250-949-8011 or 250-230-0517 (cell)

8755 Gray St., Port Hardy  
The Old School, Beach Drive,  
Port McNeill

## Adult

### Mental Health & Substance Use

≥19 y.o.

Individual counselling

Open Referral:

Port Hardy:

Drop-in available M-F 1:00-2:30  
or scheduled appointment

Ph: 250-902-6051

fax: 250-902-6052

7070 Shorncliffe Ave

Port McNeill:

Ph: 250-956-4461

Fax: 250-956-6813

2750 Kingcome Place

## Provincial Specialized Eating Disorders Programs

BC Children's Hospital Provincial Specialized  
Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential  
Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating Disorders  
Program at St. Paul's Hospital (≥17 y.o.)