

OCEANSIDE EATING DISORDERS SERVICES

Youth

Adults

**Outpatient Dietitian**

Nutritional  
Counselling  
Virtual, telephone or  
in-person  
appointments

Open Referral  
Phone: 250-739-  
5854

Fax: 250-739-5855  
Pediatric Ambulatory  
Health Clinic,  
Nanaimo Regional  
General Hospital,  
1200 Dufferin  
Crescent

**Child & Youth  
Mental Health**

<19 y.o. & their  
families  
Individual & Family  
Based Therapy  
Parent Support

Open Referral:  
Walk-in Intake  
Tuesday 9:00-3:30  
Phone: 250-954-  
4737 (press 1)  
Fax: 250-248-8974  
494 Bay Ave,  
Parksville

**Eating Disorder  
Psychiatric  
Consultation**

Provided by  
Telehealth

Referral required  
from GP/NP:  
Fax: 1-250-370-  
8199

**Oceanside Health  
Center ASTAT**

Individual Counselling

Referral required  
from GP/NP or  
specialist

Phone: 250 951-9550  
extension 38154  
Fax: 250 951 9575  
489 Alberni Hwy,  
Parksville

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Dietitian**

Nutritional  
Counselling

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and in-person  
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from GP/NP

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Provincial Specialized Eating Disorders Programs

BC Children's Hospital Provincial Specialized  
Eating Disorders Program (≤17 y.o.)

Looking Glass Residence – Residential  
Treatment Program (16-24 y.o.)

Provincial Adult Tertiary & Specialized Eating  
Disorders Program at St. Paul's Hospital (≥17 y.o.)