



# Nanaimo Ambulatory Adult Nutrition Counselling

Dietitian Referral Form

Ph: 250 755 7691 ext 53609 Fax: 250 739 5974

Nanaimo Regional General Hospital

<b>Patient Information</b>	
Name:	<i>Affix patient sticker</i>
DOB:	
PHN / MRN:	Address:
Physician:	Tel:

Reason for Referral	
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Individual Consultation:	Group Consultation :
<input type="checkbox"/> Cancer (active BCCA) <input type="checkbox"/> Celiac Disease <input type="checkbox"/> Dysphagia <input type="checkbox"/> Gastrointestinal Disease (incl. IBS/IBD) e.g low FODMAP <input type="checkbox"/> Gastrointestinal Surgery (pre/post) <input type="checkbox"/> Home Tube Feeding <input type="checkbox"/> Ileostomy / Colostomy <input type="checkbox"/> Intolerances (complex) <input type="checkbox"/> Chronic Liver Disease	<input type="checkbox"/> Malnutrition, Severe <input type="checkbox"/> Pancreatitis <input type="checkbox"/> Pregnancy / Breastfeeding <input type="checkbox"/> PCOS / Fertility <input type="checkbox"/> Vitamin/Mineral Deficiency: <input type="checkbox"/> Weight Restoration (to regain weight that is unintentionally lost) <input type="checkbox"/> Other:
	<input type="checkbox"/> Pre-diabetes <i>A multi-module program to reduce the risk of developing Type 2 diabetes through healthy living</i> <input type="checkbox"/> Craving Change® <i>A 6-8 week program to help improve your relationship with food. Not appropriate for diagnosed eating disorders.</i> <input type="checkbox"/> Best Weights <i>A multi-module program to optimize health and reduce weight stigma. The focus of this program is holistic eating and associated behaviour modification.</i>

Eating Disorders: Individual Consultation for DSM-V diagnosed eating disorder. All referral to this dietitian **must** have a family physician and a counsellor actively working with them.

- Anorexia Nervosa     
  Bulimia Nervosa     
  Binge Eating Disorder diagnosed by Psychiatrist

**Please attach any relevant information:** e.g. medical history, medications, and comments.

<b>Physician:</b>	<b>Date:</b>
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**Please Note:** Referrals for the following will **not** be accepted:

<ul style="list-style-type: none"> <li>Healthy Eating</li> <li>Heart Health</li> <li>Obesity, Overweight – weight loss individual counselling</li> <li>Basic Allergies &amp; Intolerances</li> <li>Early Stage Kidney Disease &amp; Kidney Stones</li> </ul>	<ul style="list-style-type: none"> <li>Community Health Services Patients</li> <li>Home Bound Patients</li> <li>Palliative Care</li> </ul>
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Direct Client to call *811 to speak to a Registered Dietitian	Refer to Community Health Services
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