



### What do we measure and why?

This indicator reports the percentage of Island Health communities that have developed and are implementing Healthy Living Strategic Plans in partnership with Island Health.

A Healthy Living Strategic Plan documents shared planning and collaborative work between Island Health and local government(s) partners. It is part of [BC's Guiding Framework for Public Health](#) (March 2017) to develop healthy communities and support a health-promoting culture across diverse segments of society – health care, local governments, schools and workplaces.

A Healthy Living Strategic Plan captures the key cooperative health authority and local government healthy community activities, and focuses on long-term outcomes that are critical to improving the quality of life of individuals where they live, work, learn and play. Sustained community-level actions will decrease disease risk factors and promote protective factors for chronic diseases and injury.

### What is the target?

The 2019/20 target was for 53% or more of Island Health communities to have Healthy Living Strategic Plans.

### How are we doing?

As of March 2020, Island Health met the target for 2019/20. There are currently 22 communities in Island Health with Healthy Living Strategic Plans.

### What actions are we taking?

Healthy Living Strategic Plans are reviewed at least once every three years. Island Health is currently working with a number of communities within our region to review their plans.